

PRAY

SOMETIMES GETTING STARTED IN PRAYER CAN BE DIFFICULT. USE THIS SIMPLE ACRONYM TO HELP GUIDE YOU THROUGH PRAYER TIME. REMEMBER - THERE IS NO RIGHT OR WRONG WAY TO PRAY. SIMPLY SHARE YOUR HEART WITH GOD AS OFTEN AS YOU CAN.

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PRAISE

THANK GOD FOR WHAT HE'S ALREADY DONE IN YOUR LIFE. EVERY GOOD THING IS FROM GOD. THANK HIM - EVEN IF IT SEEMS SMALL. GRATITUDE IS A GREAT WAY TO POSTURE YOUR HEART. RECOGNIZING GOD'S WORK IN YOUR LIFE & ACKNOWLEDGING HIS HAND WILL BUILD YOUR FAITH & CONFIDENCE IN GOD.

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REPENT

ASK FOR FORGIVENESS IN ANY AREA OF YOUR LIFE YOU FEEL BURDENED TO DO SO. ASK HIM FOR STRENGTH TO CHANGE IN AREAS MAYBE YOU HAVEN'T RECOGNIZED. BE HUMBLE, HONEST, AND GENTLE WITH YOURSELF, NOT SHAMEFUL OR CONDEMNING.

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ASK

ASK GOD TO HELP YOU, GUIDE YOU, AND PROTECT YOU. ASK HIM FOR HELP IN AN AREA OF STRUGGLE AND FOR THE DIRECTION TO NAVIGATE IT. ASK HIM FOR HEALTH & HEALING, PEACE & CONFIDENCE, WISDOM & DISCERNMENT.

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YIELD

GOD ISN'T A GENIE IN A BOTTLE. TRUST HIM TO ANSWER IN HIS WAY, IN HIS TIME, AND BE OPEN TO WHAT HE MAY SHOW YOU. WAITING ON THE LORD IS NEVER EASY, SO ASK FOR PATIENCE AS YOU TRUST HIS TIMING.

*"Rejoice in hope, be patient in tribulation, be constant in prayer."
Romans 12:12*

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